What is *RETROUVAILLE*?

RETROUVAILLE is the name of a program designed to help heal and renew troubled marriages. The French word 'retrouvaille' (pronounced ré-trō-vī) simply means 'rediscovery'. The program offers you a chance to look at yourself as an individual, rediscover your spouse, and build a loving relationship in your marriage.

RETROUVAILLE is a program designed to help couples who are experiencing the loneliness, disillusionment, and pain of a marriage in trouble.

RETROUVAILLE will provide you with an opportunity to examine your lives as a couple in a new and positive way.

Who ought to attend *RETROUVAILLE*?

If you are thinking of separation or divorce or you are already separated, but want to try again - then we believe *RETROUVAILLE* can help.

If your marriage has become unloving and uncaring, if your relationship has grown cold and distant, if there is little or no meaningful communication, or if you feel disappointment even despair - we encourage you to give *RETROUVAILLE* a try.

If you and your spouse want to heal your marriage and are willing to give your best effort, then we invite you - even urge you - to come to *RETROUVAILLE*.

How can RETROUVAILLE help?

The emphasis in the program is on a new technique of communication between a husband and a wife.

The program consists of a weekend and six follow-up sessions. On the weekend, a series of in-depth presentations are given by three married couples and a priest. The presentations cover specific aspects of a marital relationship. After each presentation, you will have an opportunity to reflect on what you heard by yourself, then you will discuss it with your spouse in the complete privacy of your room.

While the Retrouvaille weekend has a spiritual element, it is not a religious retreat. It is not a seminar or a sensitivity group, and is it not a social gathering.

You will not be asked to share your problems with anyone else. You will, however, be encouraged to put the past behind you and start 'rediscovering' one another.

The weekend is not a 'miracle cure.' A marriage cannot be healed in one weekend. Six follow-up sessions have been designed to aid the continuation of the marriage renewal that began on the weekend. At each of the follow-up sessions, reviews of earlier concepts are presented in greater depth, new concepts are examined, and aid is provided to help you apply these concepts in your marital relationship.

What will it cost?

No couple is ever denied the chance to heal and renew their marriage because they face financial difficulties. Such concerns should not influence any couple's decision to come to **RETROUVAILLE**.

On the weekend you will be asked to make an anonymous donation to pay for the cost of the program. This one-time donation covers both the expenses of the weekend and the follow-up sessions.

A small fee is requested when you register to confirm your food and lodging.

Do we have to be Catholic?

Although *RETROUVAILLE* is a Catholic program, we welcome couples of all faiths. However, as it is designed to help marriages, we do not recommend it to those living in common-law.

How can I get more information?

You can learn more about the program by calling any of the telephone numbers printed on the other side of this pamphlet or by visiting the Retrouvaille web site. Your privacy is assured. All requests for information and registrations are kept in the strictest confidence.

If you know of another couple who needs help, please take this pamphlet to them, and urge them to call. For additional information or to register, please contact **RETROUVAILLE of Northern Virginia**:

(703) 351-7211

3044@retrouvaille.org

or visit:

www.RetrouvailleOfNorthernVirginia. blogspot.com

Retrouvaille of Northern Virginia 2018 DATES

Feb. 9 - 11 July 13 - 15 Oct. 12 - 14

For Washington, D.C. and Suburban Maryland, call: (443) 400-7017

or visit:

www.retromd.org

For other areas within the United States, call:

1-800-470-2230

or visit:

www.HelpOurMarriage.com

Comments:

"We came to *RETROUVAILLE* thinking that nothing would work, but it was the first time we really faced our problem as a couple and began to work on our marriage together. We have been given another chance as well as a deeper and clearer insight into human love."

"RETROUVAILLE gave me the means to look at myself honestly and objectively. To be given a new meaning to our marriage and the ways with which to build that marriage is something for which I thank God."

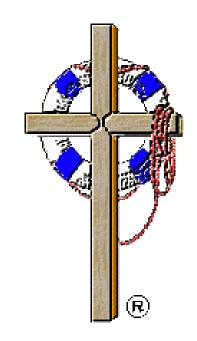
"We are finally (after 18 years) getting to know each other in a whole new light. We like what we see and we are experiencing love, true love, as we never thought possible."

"RETROUVAILLE has not eliminated our problems or concerns but has given us a better understanding of each other and the maturity to talk things out instead of fighting."

"We had drifted apart over the years - almost living like strangers together. Our love was buried under bitterness and anger, we rarely talked, and mostly, we tolerated one another. We found that we could begin again, forget the past mistakes we had both made, and go on from there."

You <u>CAN</u> save your marriage...if you and your spouse want to save your marriage and are willing to put forth your best effort, then we invite you - even urge you - to inquire about Retrouvaille.

Help for Troubled Marriages



2018

RETROUVAILLE

...A Lifeline for Marriages

Supported by:

THE OFFICE OF MARRIAGE, FAMILY & RESPECT LIFE CATHOLIC DIOCESE OF ARLINGTON

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